

Lesson Plan

Odalis Romero

Department of Counseling of Education of Families Studies, Liberty University

Course: Ethic and Legal Issues in the Counseling Profession

Instructor: Odalis Romero, LMHC, NCC, CCMHC, CCTP, CASDCS

Lesson Theme Description: The lesson focus on the ethical competencies in the ACA related to multiculturalism and how to apply them in counseling.

Learning Outcomes: Student will:

- identify ethical competency standards related to multiculturalism.
- Examine own privilege and how it may affect clients.
- Evaluate a case to assess multicultural awareness.

Resources: Power Point,

PowerPoint

[Vanier College Television]. (2015, November 26). *What is privilege?* [Video]. Youtube.

https://www.youtube.com/watch?v=_h938XCpI7U&t=1s

American Counseling Association. (2014). American counseling association code of ethics. Alexandria, VA: Author,

Class Knowledge: Students should have read the ACA Code of Ethics prior to class and have some understanding of the topic. If they are familiar with the topic they can participate more on the topic.

Strategies: Case study analysis, discussions, and reflections.

Link to lesson:

https://watch.liberty.edu/media/t/1_3zqp8t9x

Timeline:

Time allotted	Teaching Activity	Resources Needed	Rationale
1 minute	Introduction and learning objective	Power Point Slide 1-2	Have students know the learning outcomes for the lesson.
3 minutes	Video on privilege	Power Point Slide 3	Learn about privilege.
2 minutes	Discussion of video	Break out rooms (or open discussion)	Reflect on video
2 minutes	Self-reflection in small group, what is your privilege?	Power Point Slide 4-5	Have students understand their own privileges and how it may impact clients.
2 minutes	Differentiating between diversity and culture	Power Point Slide 6	Help students understand the difference.

10 minutes	Discussion of the ACA code of ethics with examples	Slides 7-15	Teach about the code of ethics.
7 minutes	Apply information to review case	Slide 17	Apply information and analyze cases dealing with ethical competencies.
2-minute	What did you take out of it? Discussion and check in.	Slide 18	Check in on student learning
1 Minute	Questions	Slide 19	Close up and answer any questions.

Teaching your lesson

As Valle (2020) discusses it is very important to set objectives for students to understand what is expected in the learning process. As part of the lesson I connected with previous knowledge such as bartering and assessments. I aimed to help students make connections from previously learned material to the current one (Valle, 2020). I also aimed for active learning activities such as discussions, questions, and the case studies. I aimed to have student involvement rather than lecture the entire time.

Appendix A

Lesson Plan Rubric (50 points)

Lesson Plan Area	Unsatisfactory (0-10 pts)	Below Average (10-20pts)	Average (20-30 pts)	Good (30-40 pts)	Excellent (40-50pts)
Description					50
Comments	I provided description of the lesson in the objectives section.				
Learning Outcomes					50
Comments	Learning outcomes were assessed with the case study as well as the participation of students.				
Resources					50
Comments	I provided video and ACA references for students.				
Class Knowledge					50
Comments	The class had previously read material and reminders of previous lessons took place.				
Strategies					45
Comments	Discussions and case studies took place to help students gain the knowledge and application of the ethical competencies.				
Timeline					40
Comments	I tried to follow the timeline to my best of my ability.				